

20 21

ARE MEDIA BOOKS
CATALOGUE

BE CAPTIVATED



WELCOME



Sally Eagle
Publisher

What an unprecedented time we find ourselves in as the effects of a global pandemic continue to affect our lives.

More than ever before consumers are turning to food, cooking and books as a source of comfort and escapism.

We at the Australian Women's Weekly and Test Kitchen continue to be at the forefront in recipe content creation and cookbook publishing.

Our 2021 program is an example of that. With a focus on current global trends, such as Diet and Air Fryer,

without forgetting the old trusted favourites, such as Baking, Slow Cooking, Vegetarian and Vegan, the volume and variety we have to offer for 2021 is extraordinary.

Our content is undoubtedly world class and at the forefront of the food content industry. There is something here for everyone.

It is my honour to share this program with you.

Stay safe, healthy and enjoy,

Sally Eagle

RIGHTS OPPORTUNITIES

What a year 2020 has been!

2020 has seen The Australian Women's Weekly cookbooks soar in sales globally, with customers having more time to cook and prepare meals at home.

While our publishing schedule has changed to suit the Covid market and needs of customers, strong categories still stand out as great sellers, such as health, lifestyle, comfort food, budget, fast, home and gift.

New content is vital and The Australian Women's Weekly has managed to keep creating a variety of beautiful on-trend content through 2020, which we now offer you.

We can tailor our content to suit your needs, to create the books or usage for your market. There is no better time to publish a cookbook and capitalise on the resurgence of cooking in the home!

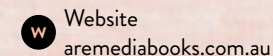
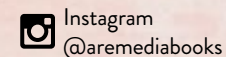
I look forward to hearing from you to discuss our content and range of books further.



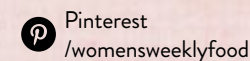
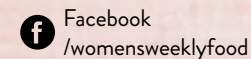
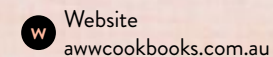
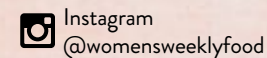
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SOCIAL

ARE MEDIA BOOKS



THE AUSTRALIAN WOMEN'S WEEKLY



*The Australian Women's Weekly cookbooks has sold more than 80 million copies globally, in 18 languages, across 100 countries. **

* Source Nielsen Digital monthly rating 2017. 150 years across Bauer's core food properties AWW cookbooks, AWW Food.

The information that appears in this catalogue is occasionally subject to change. Please check with your sales contact for updated information.



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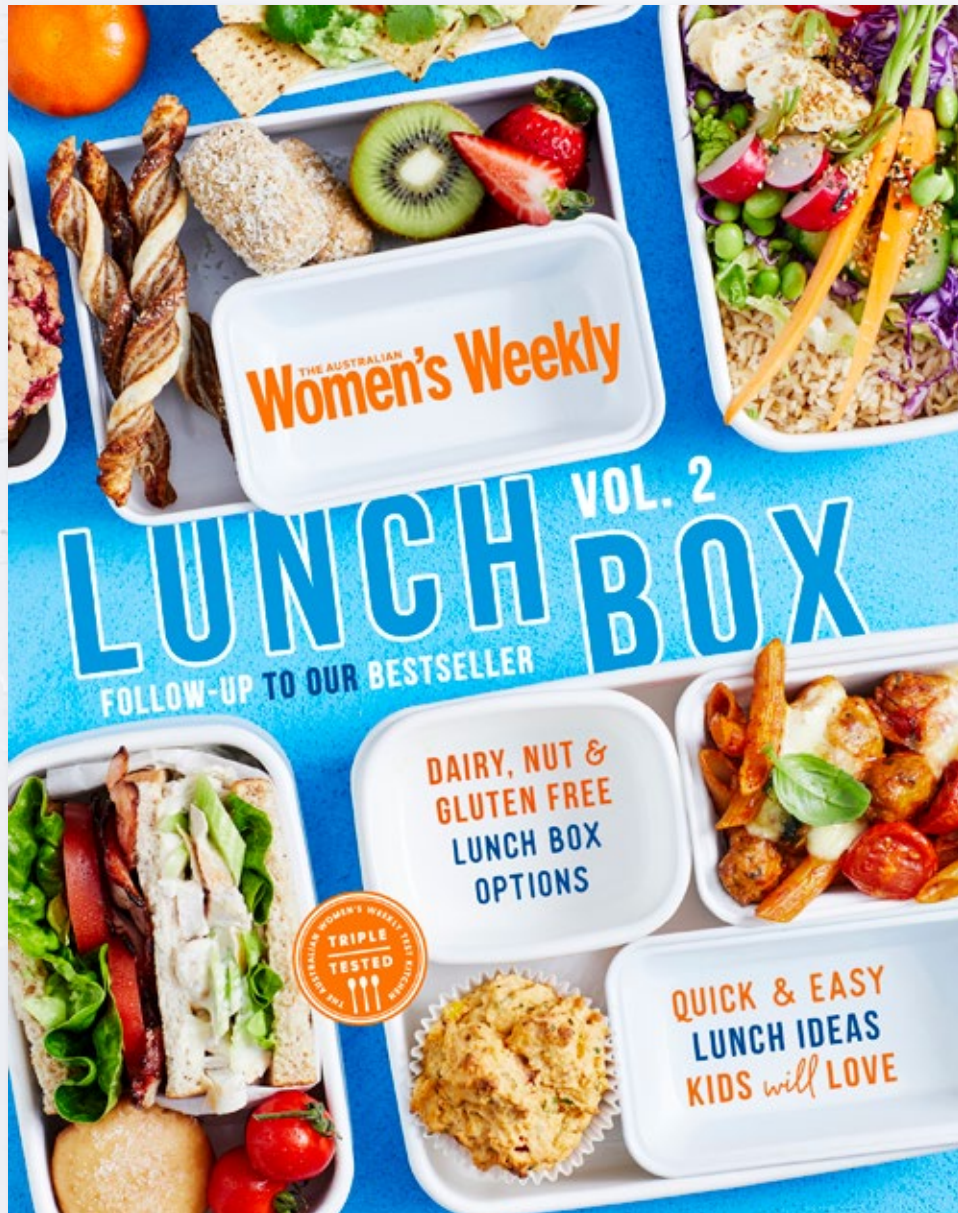
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FRONT LIST



LUNCH BOX VOL. 2

ISBN 978-1-92586-584-4

Paperback, 164pp

243mm x 190mm

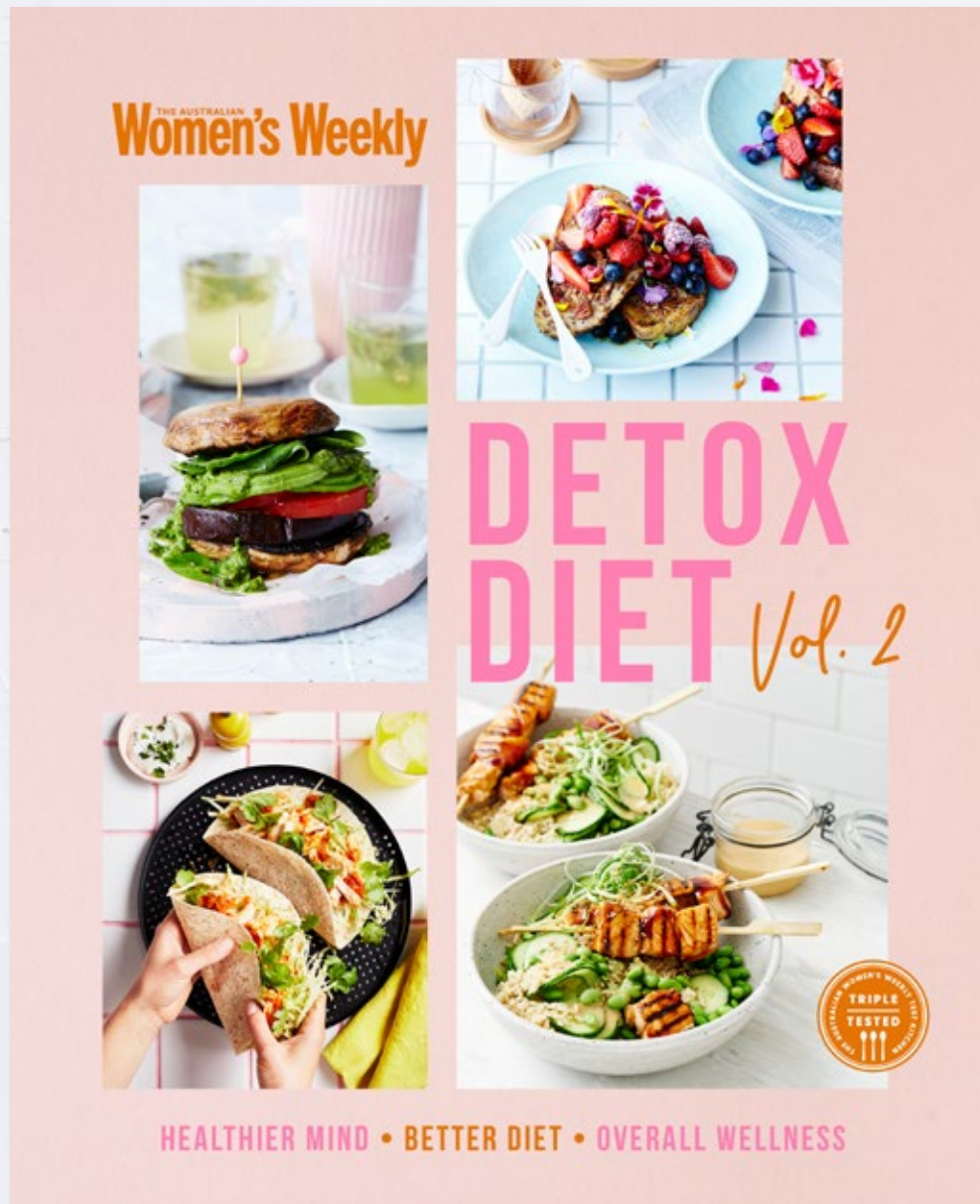
9 1/4in x 7 1/2in

January 2021

A\$24.99

Another day, another lunch box. This follow-up to our original bestseller includes 80+ new delicious and healthy packed lunches. Try out our so-good sandwiches, really great wraps and satisfying salads. Of course, there are also savoury snacks and tasty sweet treats as fillers. Plus, we've included 12 bento box combos so you can keep that lunch box exciting.





DETOX DIET VOL. 2

ISBN 978-1-92586-567-7

Paperback, 200pp

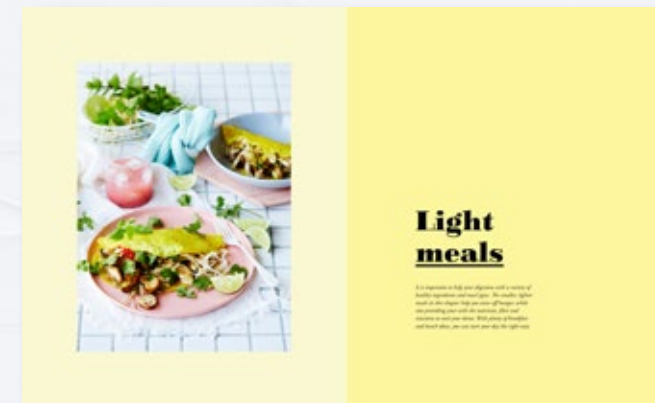
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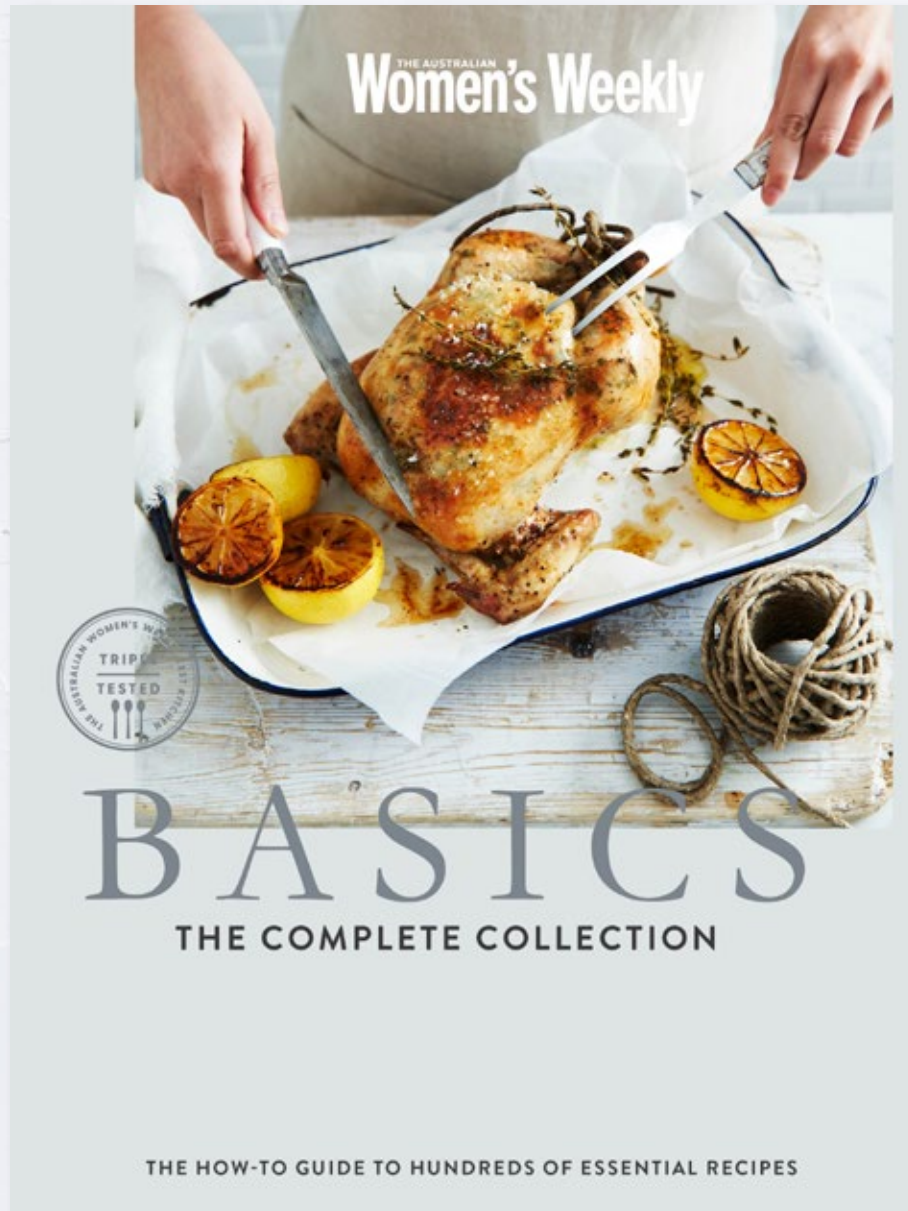
11¼in x 9¼in

January 2021

A\$34.99

Detoxing is about rebooting our metabolism and ridding the body of toxins through a healthy diet and approach to living. With our fibre-packed, plant-forward recipes, you can assist your body in dealing with issues such as stress and sleep. In our second Detox Diet volume, let us guide your detox to achieve positive and sustainable lifestyle change.





BASICS: THE COMPLETE COLLECTION

ISBN 978-1-92586-637-7

Paperback, 496pp

280mm x 210mm

11in x 8½in

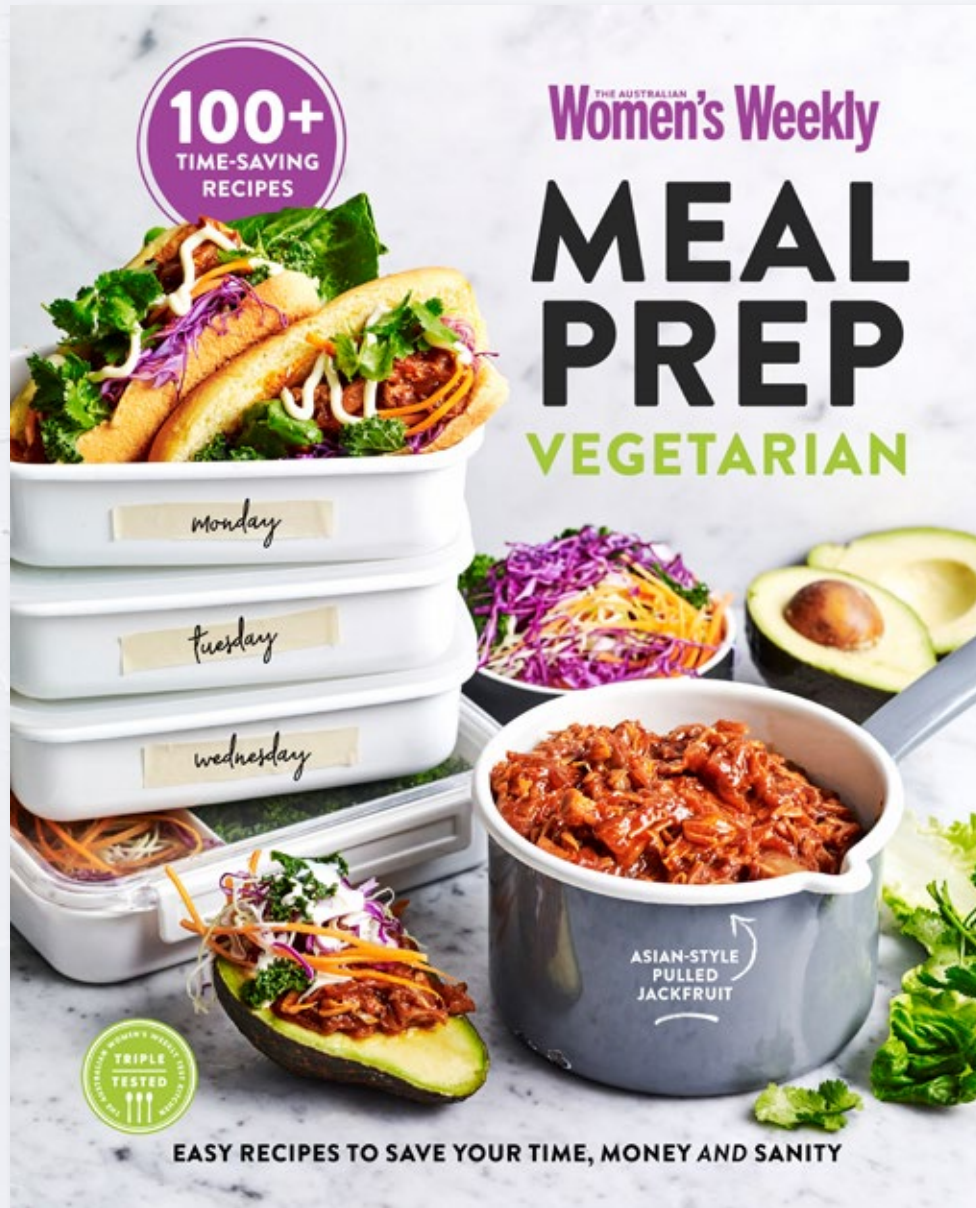
January 2021

A\$39.99

Also available in hardback

Have you ever wondered what the secret is to perfect roast potatoes or wanted new ways to serve up weeknight staples such as pasta or rice? Both practical and beautiful, this collection contains hundreds of essential recipes, with loads of tips, professional techniques and how-to steps, making it a must-have resource for every kitchen.





MEAL PREP VEGETARIAN

ISBN 978-1-92586-590-5

Paperback, 200pp

290mm x 235mm

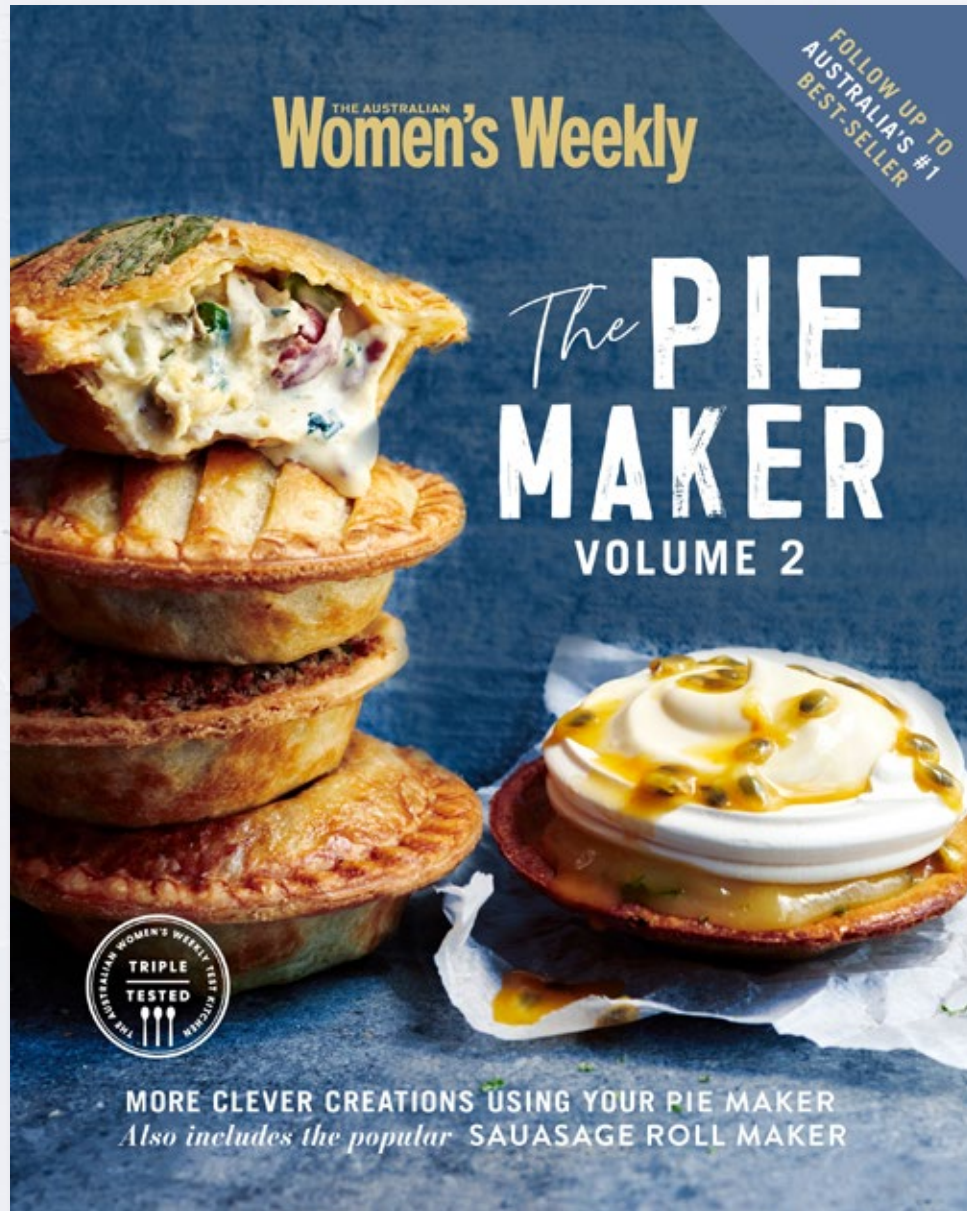
11¼in x 9¼in

February 2021

A\$34.99

After a busy day working or running around after the kids, sometimes you just don't have the willpower or the creativity to prepare a family meal, let alone one that's healthy. This book not only gives you inspiration for what to cook, but we've finetuned the meal prepping process by taking the same ingredients and making them into four different weekly veggie meals.





THE PIE MAKER VOLUME 2

ISBN 978-1-92586-585-1

Paperback, 164pp

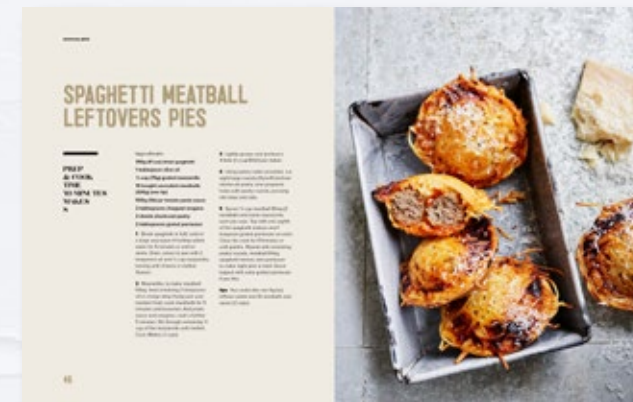
243mm x 190mm

9 1/2in x 7 1/2in

March 2021

A\$24.99

In Australia, the pie maker has become a must-have appliance. In response, *The Pie Maker* (Vol. 1) became an instant bestseller, reprinting multiple times within months of hitting the shelves. It was clear the nation wanted more! In *The Pie Maker Volume 2*, we've come up with even more amazing ideas for pastry pies and a host of other sweet and savoury creations.





GLUTEN FREE FAVOURITES

ISBN 978-1-92586-645-2

Paperback, 164pp

243mm x 190mm

9½in x 7½in

March 2021

A\$24.99

Here, our famous Test Kitchen has created a collection of incredible gluten-free recipes covering all the classics, from savoury to sweet. Bagels and breads for breakfast, sausage rolls and tarts for lunch, pies and pizza for dinner, muffins and scones for morning tea, biscuits and slices for snacks, and cakes and buns for dessert. Plus so much more!





THE JOY OF FOOD

ISBN 978-1-92586-589-9

Hardback, 200pp

280mm x 235mm

11in x 9½in

April 2021

A\$49.99

There's something about food that brings joy and comfort. Food is central to all our traditions and has a special way of connecting us to moments and each other like nothing else can. During times of separation and uncertainty, it's more important than ever to return to the ritual of gathering; to take the time to celebrate the joys in life with the ones you love.





BEAUTIFUL CAKES

ISBN 978-1-92586-593-6

Hardback, 240pp

270mm x 210mm

10¼in x 8½in

April 2021

A\$39.99

Collecting some of our most mouth-watering cake creations, this is the cookbook for the baking creatives, those who want to explore bold and daring flavours, and make cakes that stand out from the crowd. With easy instructions and step-by-step images, you can tackle new cake challenges without hesitation, and impress with your baking prowess.





PRESSURE COOKER & SLOW COOKER: THE COMPLETE COLLECTION

ISBN 978-1-92586-598-1

Hardback, 396pp

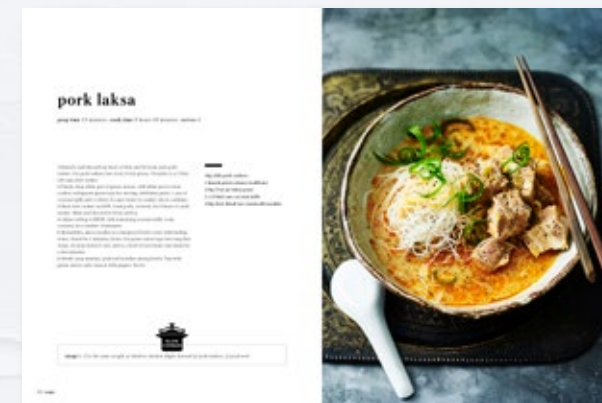
280mm x 210mm

11in x 8½in

April 2021

A\$45.00

Whether you prefer a pressure cooker or a slow cooker, there is one thing common for both: they make cooking family meals easy. All you need to do is throw everything in, set the controls and leave the appliance to transform the ingredients into something scrumptious. This volume includes over 250 of our best pressure cooker and slow cooker recipes.





SIMPLE SLOW COOKER

ISBN 978-1-92586-587-5

Hardback, 200pp

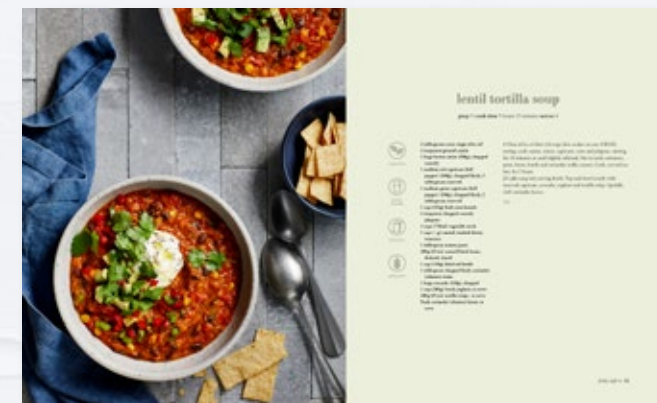
290mm x 235mm

11¼in x 9½in

May 2021

A\$39.99

It's not an exaggeration to say that Australians love slow cooking. But what we love most about this method of cooking is that you can throw all the ingredients into a slow cooker and let it do the work for you. Cook any of the delicious slow-cooked stews, curries, soups and more from this book and you'll be sure to impress with your amazing culinary skills.





THE AIR FRYER

ISBN 978-1-92586-574-5

Paperback, 164pp

243mm x 190mm

9 1/2in x 7 1/2in

May 2021

A\$24.99

The air fryer is the latest must-have kitchen appliance. And for good reason. This revolutionary counter-top convection oven creates the crispy crunch of deep-frying but with a fraction of the oil. Healthier versions of favourites, such as schnitzel, wedges, and even roasted cauliflower and other vegies, can be cooked in an air fryer without sacrificing flavour or texture.





THE BUSY VEGETARIAN

ISBN 978-1-92586-517-2

Paperback, 200pp

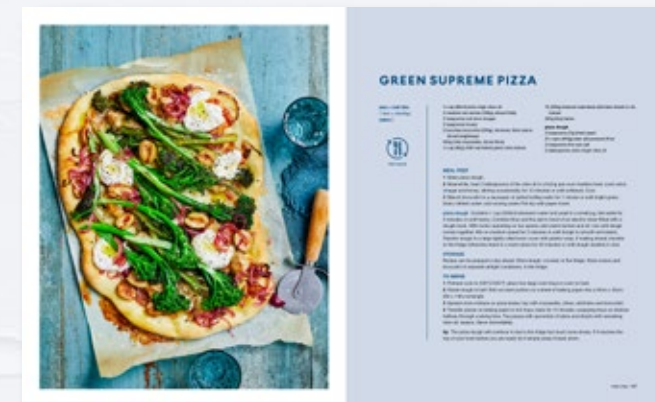
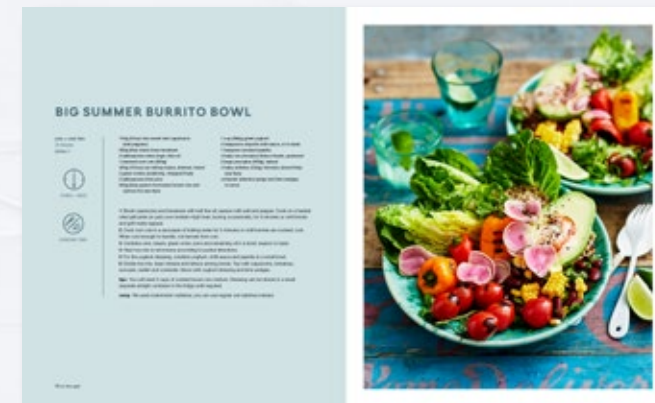
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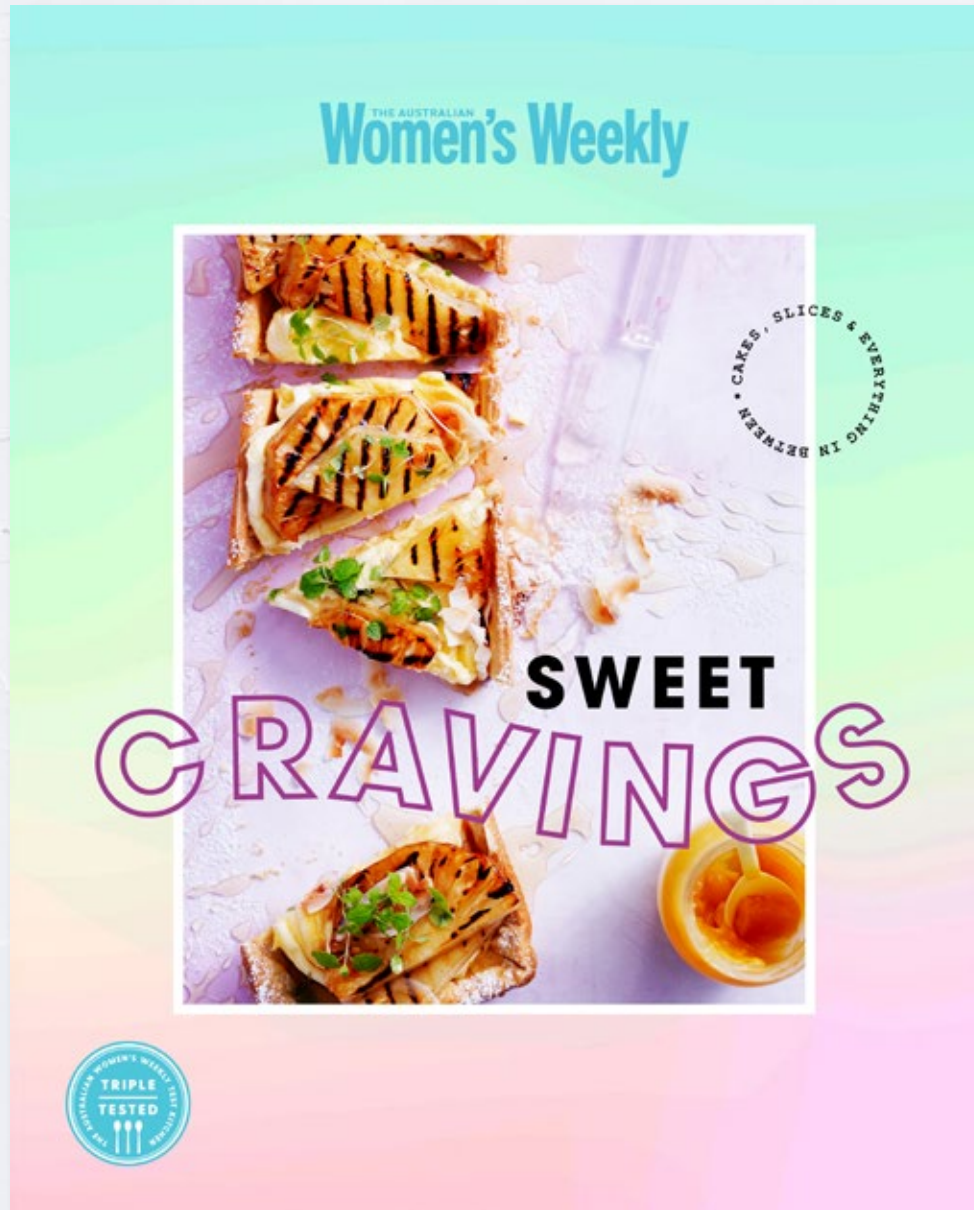
11¼in x 9½in

May 2021

A\$34.99

Vegetarian food sometimes gets a bad reputation for being long and complicated, but the recipes in *The Busy Vegetarian* are designed with your modern, on-the-go lifestyle in mind. With chapters for quick weeknight dinners, easy veggie meal prep and fruit-filled desserts, there's great vegetarian recipes perfect for the beginner cook to the seasoned professional.





SWEET CRAVINGS

ISBN 978-1-92586-522-6

Paperback, 200pp

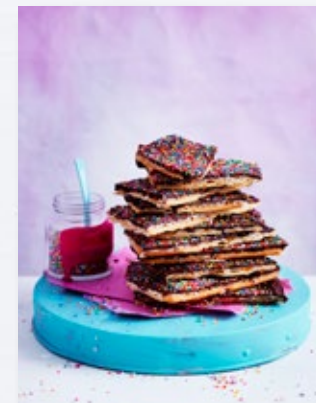
290mm x 235mm

11¼in x 9½in

June 2021

A\$34.99

An explosion of fun, this whimsical cookbook is filled with pure imagination. Featuring more than 80 treats and desserts perfect for special occasions or when the next sweet craving hits. From quirky cakes, to colourful confectionery and fanciful frozen treats, each easy-to-follow recipe is sure to satisfy your sweet tooth.





BAKE AT HOME

ISBN 978-1-92586-642-1

Paperback, 200pp

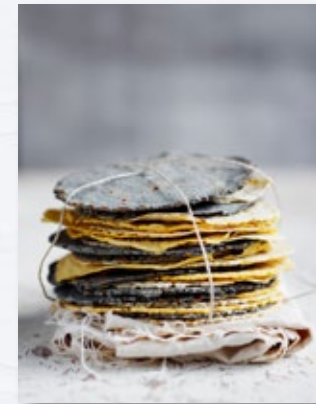
290mm x 235mm

11¼in x 9½in

June 2021

A\$34.99

We've all been spending more time at home these days, creating more opportunities to get into the kitchen and test your skills on something new. Being home means you can feed your starter, keep an eye on the proving stages, and even bake the loaves in between video meetings. Savour the slower pace and enjoy baking at home.





THE SAUSAGE ROLL MAKER

ISBN 978-1-92586-652-0

Paperback, 164pp

243mm x 190mm

9 3/4in x 7 1/2in

June 2021

A\$24.99

The next big thing to hit the appliance market is the sensational sausage roll maker! Like its pie making cousin, this inexpensive benchtop machine is super simple to use, incredibly versatile and is creating just as much online buzz. It's perfect for making a host of pastry-wrapped delights using classic mince-based fillings and flavour combinations.





SLOW COOK

ISBN 978-1-92586-653-7

Paperback, 240pp

270mm x 210mm

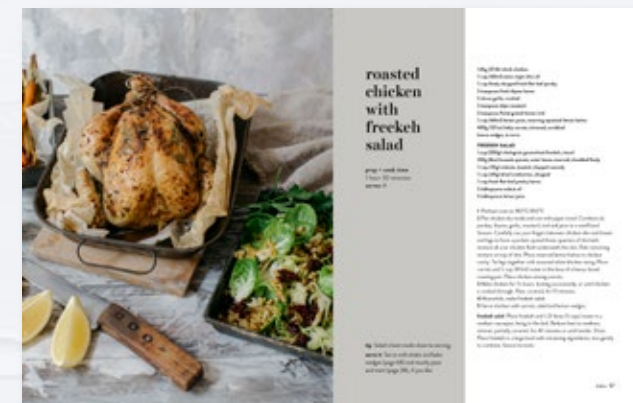
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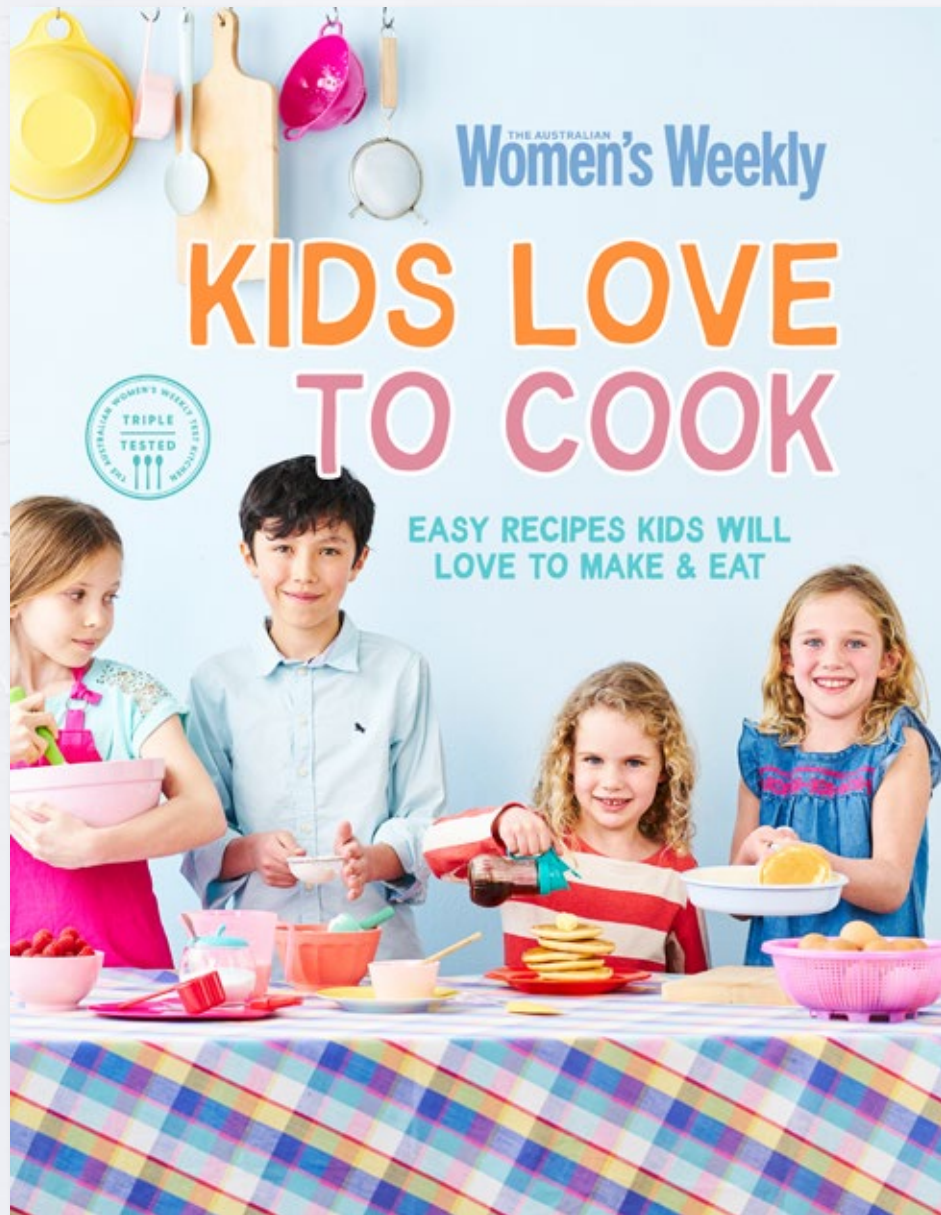
June 2021

A\$29.99

Also available in hardback

Whatever your favourite may be, whether that be a luscious stew, a spiced-studded curry or a slow roasted piece of meat, slow cooking is what makes the colder days bearable. With foolproof recipes using the stove, oven and your bench-top slow cooker, we've collected our best (old and new) favourite slow-cooked recipes, to keep your warm and happy all winter long.





KIDS LOVE TO COOK

ISBN 978-1-92586-643-8

Paperback, 200pp

270mm x 210mm

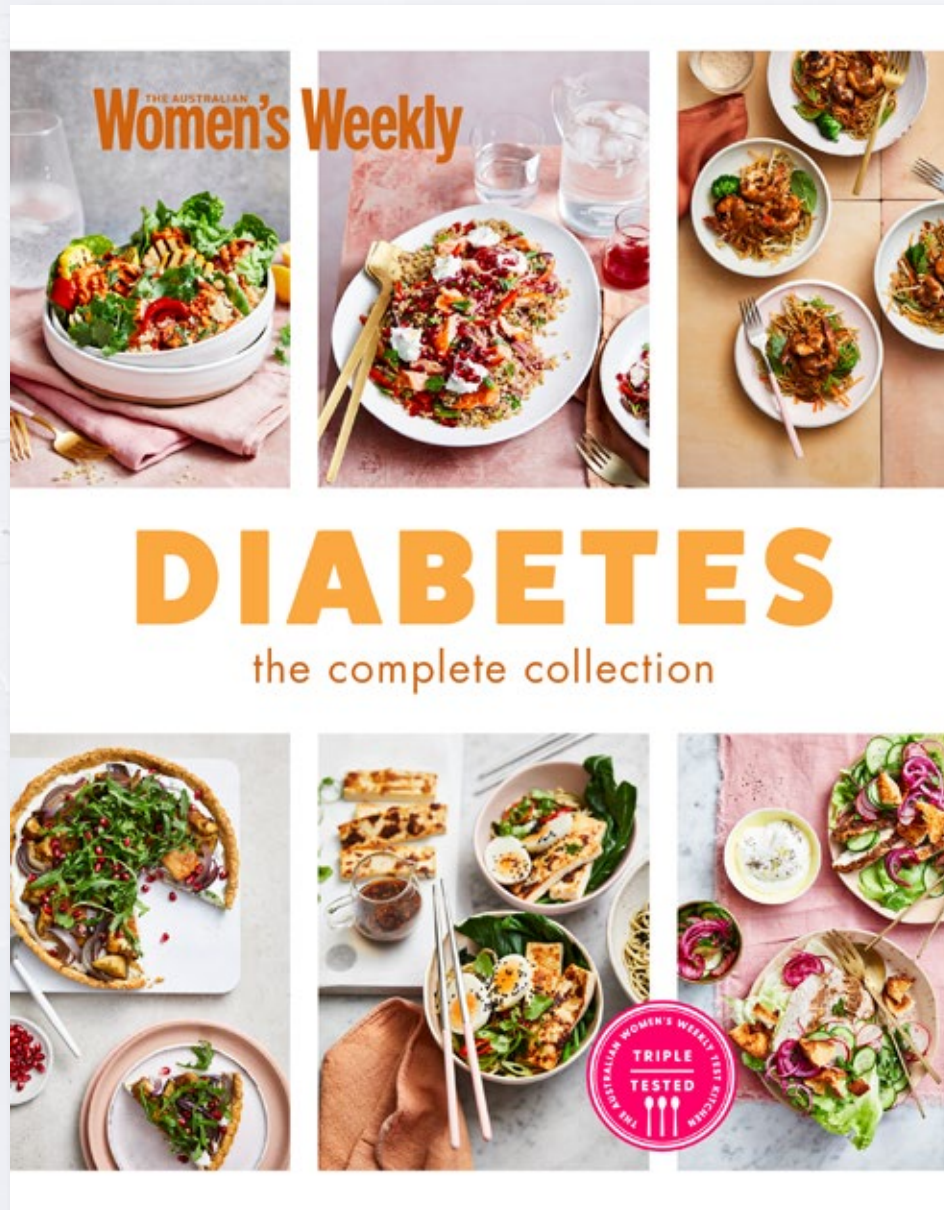
10 7/8in x 8 1/2in

July 2021

A\$34.99

If your kid loves food, chances are they'll love the idea of learning to cook. Cooking is an exciting activity where children can flex their creativity, learn some independence and at the same time make delicious food to share with loved ones. Every recipe has been hand-picked and recipe-tested by one of our Junior Chefs, making this a 100% approved kids' cookbook.





DIABETES: THE COMPLETE COLLECTION

ISBN 978-1-92586-592-9

Hardback, 396pp

280mm x 210mm

11in x 8½in

July 2021

A\$45.00

Diabetes is a serious and persistent issue, but there is much that can be done to prevent and manage the condition. With over 150 recipes carefully formulated and portioned for diabetic nutritional needs, as well as meal plans and other nutritional guidance, *Diabetes: The Complete Collection* is the only book you need take control of your health.





KITCHEN HACKS & RECIPES

ISBN 978-1-92586-591-2

Paperback, 200pp

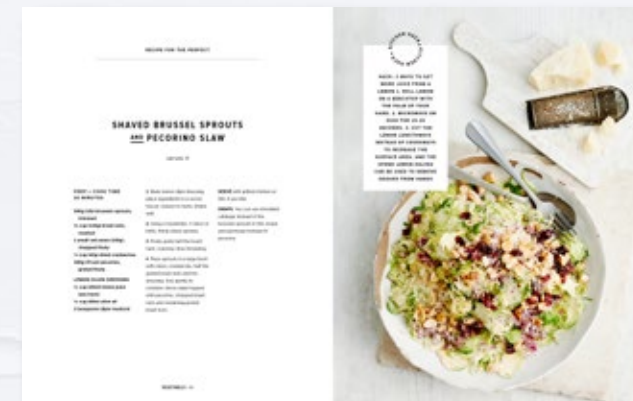
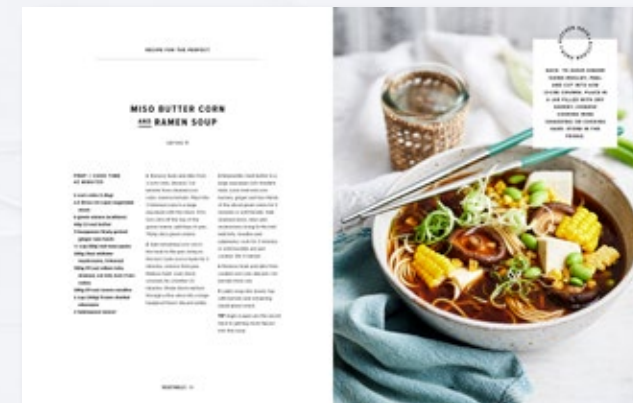
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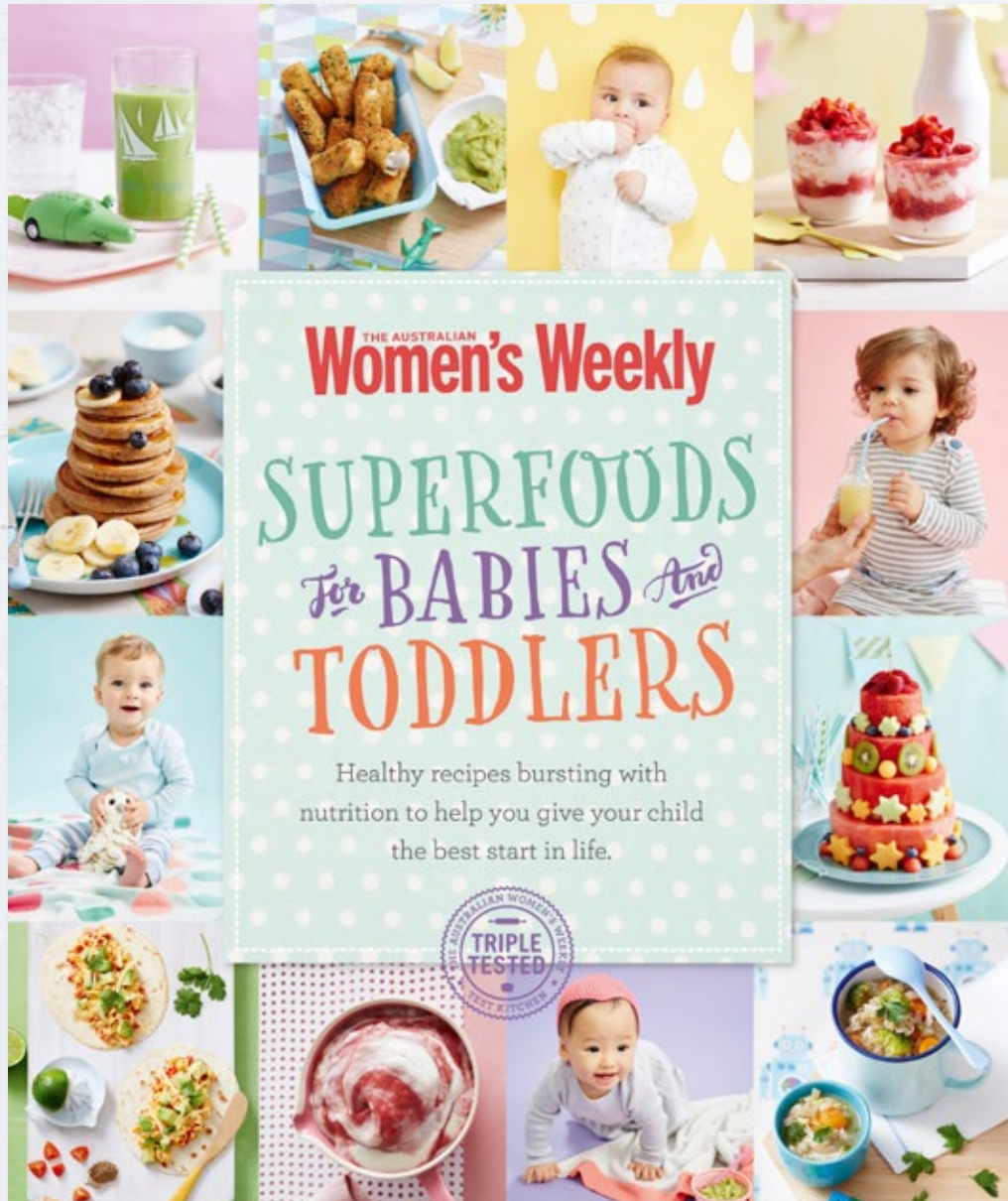
10 1/4 in x 8 1/2 in

July 2021

A\$34.99

The Australian Women's Weekly has been guiding and teaching home cooks for decades, collecting a wealth of knowledge about the best kitchen hacks and tips along the way. Here we bring together this knowledge with our Triple Tested recipes to give you a cookbook to change the way you approach cooking. Let the Test Kitchen again help you become a better cook!





SUPERFOODS FOR BABIES & TODDLERS

ISBN 978-1-92586-651-3

Hardback, 240pp

245mm x 190mm

9 1/2in x 7 1/2in

July 2021

A\$24.99

Parents have always been concerned about what to feed their babies and toddlers. This practical book contains well over 100 recipes, suitable for babies starting out on pureed food, following right through to toddlers sharing family meals. These recipes showcase superfoods of all types to make sure your precious little ones get the very best start in life.





VEGAN FAVOURITES

ISBN 978-1-92586-641-4

Paperback, 164pp

243mm x 190mm

9 $\frac{3}{4}$ in x 7 $\frac{1}{2}$ in

August 2021

A\$24.99

More and more people are recognising the benefits of not only eliminating meat from their diet, but dairy and eggs as well. *Vegan Favourites* offers a wide selection of delicious plant-based recipes – all easy to make and using readily available ingredients. An ideal book for those exploring the vegan way of eating as well as those who are already there.





THE ULTIMATE CAMPING COOKBOOK

ISBN 978-1-92586-640-7

Paperback, 364pp

243mm x 190mm

9½in x 7½in

August 2021

A\$29.99

Whether you're hitting the trails for the first time, or you're already an outdoor pro, this collection of our best camping recipes will provide new inspiration and great ideas for your campside cooking. With recipes for hearty breakfasts, satisfying lunches and yummy dinners, as well as all the classic fireside sweet treats, you'll have the perfect camping experience with us.





5 INGREDIENTS VEGETARIAN

ISBN 978-1-92586-595-0

Paperback, 200pp

290mm x 235mm

11¼in x 9½in

September 2021

A\$34.99

We all know that eating from a wide variety of vegetables, fruits, legumes, wholegrains, nuts and seeds is good for us. But who has the time? Using five ingredients, plus a few basic pantry staples, we show you how easy it is to create tasty, fuss-free vegetarian meals without compromise. With so many great recipes to try, you'll want to eat meat-free every day!





WEEKNIGHTS

ISBN 978-1-92586-638-4

Paperback, 200pp

290mm x 235mm

11¼in x 9½in

September 2021

A\$34.99

Are you looking for some new inspiration starting with dinner tonight? It's always a challenge to think of new and interesting meals 7 days a week. It's even more difficult to make sure they are both healthy and delicious. Every recipe in *Weeknights* is a sure-fire winner, with plenty of family favourites, modern twists on classics, and general crowd pleasers.



FROM THE MARKET



FROM THE MARKET

ISBN 978-1-92586-597-4

Hardback, 240pp

270mm x 210mm

10¼in x 8½in

September 2021

A\$39.99

For many, cooking begins at the market. Seeing, feeling and smelling the delicious in-season produce should be your first inspiration when you are planning your week's menu. Celebrating fresh fruits and vegetables, as well as other beautiful produce, the recipes collected in this cookbook celebrate all that our Australian farmers and producers have to offer.





CHRISTMAS TABLE

ISBN 978-1-92586-520-2

Hardback, 200pp

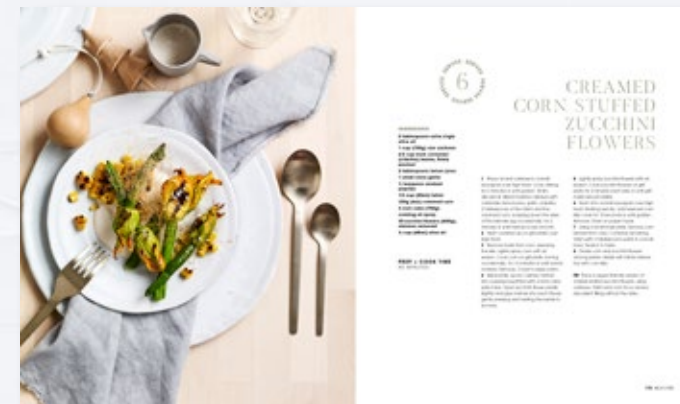
280mm x 235mm

11in x 9½in

October 2021

A\$49.99

Christmas is a special time of year for indulging in food and fun. While this beautiful book contains all the recipes you'd expect for ham, turkey, sides, desserts and puddings, this year we're taking a modern approach to the season's fare. Create your own traditions! How ever you choose to celebrate, we'll help you through the festive season in style.





NOURISH

ISBN 978-1-92586-634-6

Hardback, 200pp

280mm x 235mm

11in x 9½in

October 2021

A\$49.99

Your diet can directly influence many aspects of your life, such as your physical health, sleep-cycle, anxiety and other parts of your wellbeing. The recipes in this book centre your wellbeing, with plant-focused meals, full of whole foods and ingredients that are both fresh and organic, that will nourish you inside and out, and help you live your life to the full.





MEXICAN

ISBN 978-1-92586-596-7

Paperback, 200pp

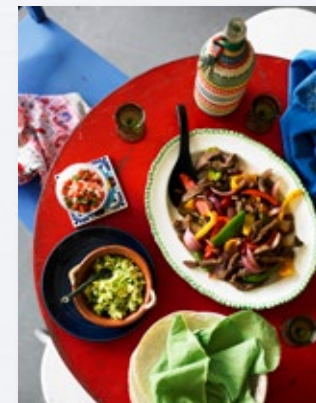
270mm x 210mm

10¼in x 8½in

October 2021

A\$34.99

When it comes to cooking Mexican food, tacos, burritos and nachos are probably the beginning and end of our repertoire. But Mexican cooking is actually pretty easy – and so versatile. Whether it's scrambled eggs with salsa or salmon ceviche you fancy, pork chimichangas or fish burritos, Mexican food is all about variety and using the freshest ingredients.





THE MEDITERRANEAN DIET VOL. 2

ISBN 978-1-92586-586-8

Paperback, 200pp

290mm x 235mm

11¼in x 9½in

November 2021

A\$34.99

It's no longer a secret that people who eat a Mediterranean diet share many commonalities including a longer life expectancy, healthier hearts and lower rates of chronic disease. In volume 2, you'll find more Mediterranean-style recipes for breakfasts, light meals, dinners, sharing-style dishes and sweets, helping you to live a longer, healthier and happier life.



THE AUSTRALIAN
Women's Weekly

FOOD as MEDICINE



FOOD AS MEDICINE

ISBN 978-1-92586-633-9

Paperback, 200pp

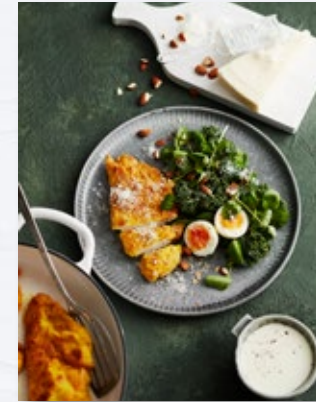
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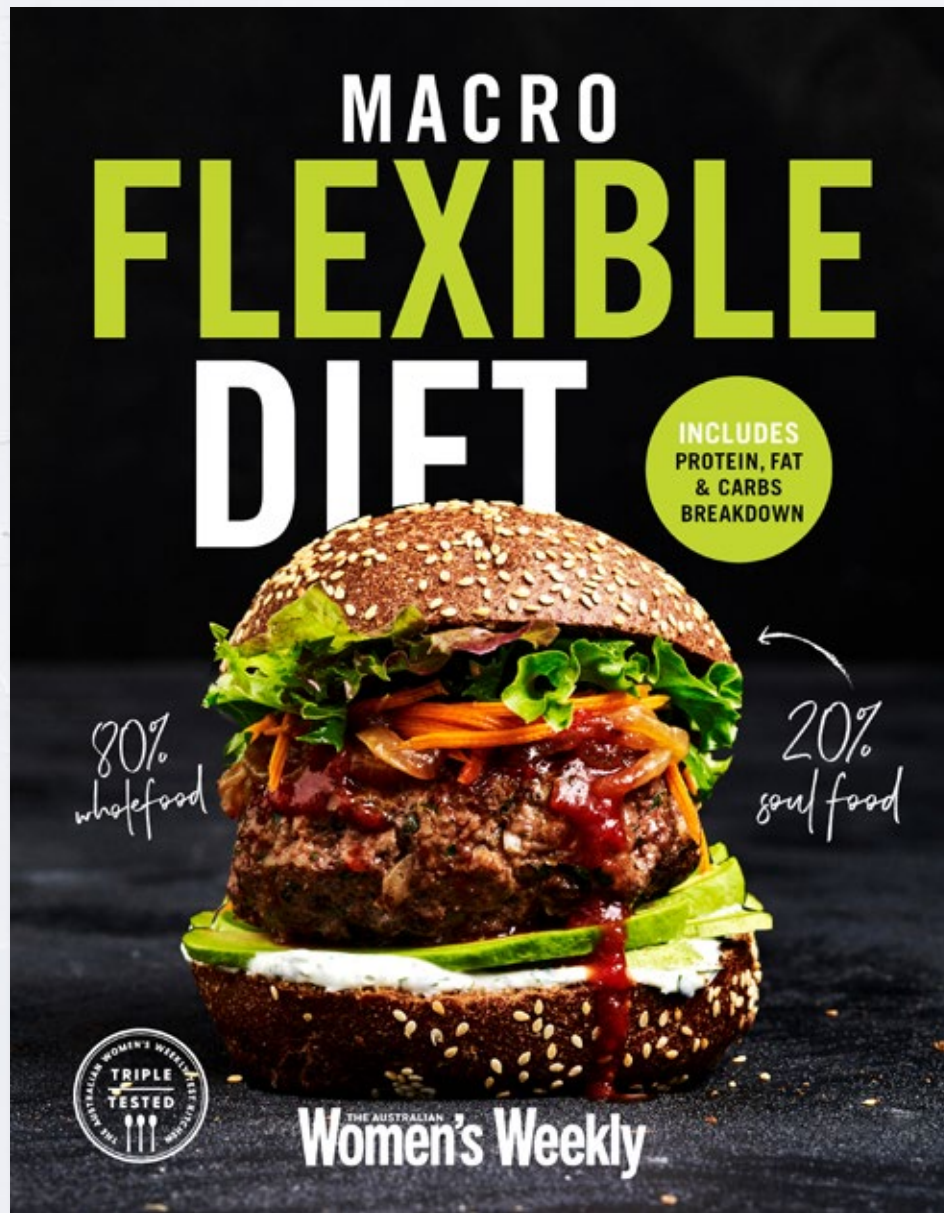
11¼in x 9½in

November 2021

A\$34.99

There's no doubt that what we eat impacts our health and wellbeing. You can usually tell how your diet and lifestyle is working by how you feel, how well you're sleeping and your concentration levels just to name a few key factors. With a focus on brain food, the gut and heart health, this book contains more than 75 recipes to help you on your way to better health.





MACRO FLEXIBLE DIET

ISBN 978-1-92586-631-5

Paperback, 164pp

243mm x 190mm

9 1/4in x 7 1/2in

December 2021

A\$24.99

If you're dieting, one way to ensure failure is to restrict what you eat. That's why flexible dieting works: by eating healthily 80% of the time, you can indulge the other 20%. On top of this, if you ensure you hit your daily macronutrient (protein, fat and carbohydrate) targets, you'll be well on your way to achieving your body goals.





BAKING

ISBN 978-1-92586-630-8

Paperback, 200pp

290mm x 235mm

11¼in x 9½in

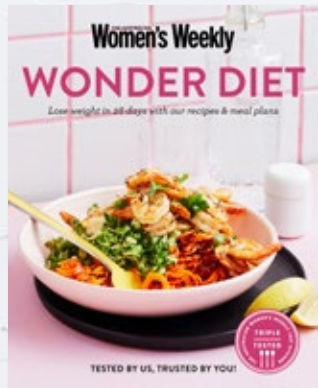
December 2021

A\$34.99

From lamingtons and Anzac biscuits, baking has played a big role in Australia's culinary history. We're proud to make things from scratch, and this book celebrates the time-honoured tradition of baking in all its delicious forms. While showcasing mostly sweet treats, there are also recipes for savoury pastries, such as pies and sausage rolls, as well as quiches and breads.

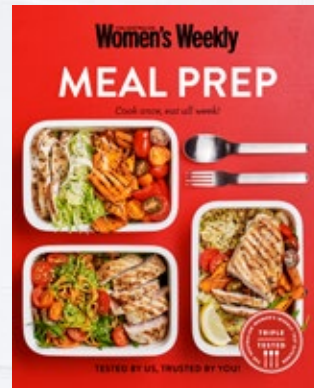


NEW ESSENTIAL TITLES



WONDER DIET

ISBN 978-1-92586-617-9
Paperback, 104pp
259mm x 210mm
10in x 8½in
January 2021
A\$14.99



MEAL PREP

ISBN 978-1-92586-616-2
Paperback, 104pp
259mm x 210mm
10in x 8½in
February 2021
A\$14.99



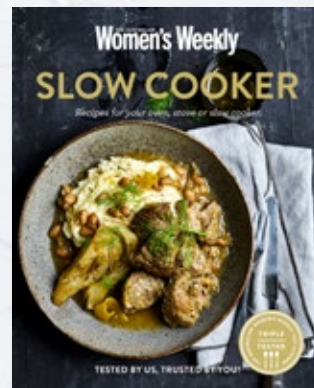
FAST

ISBN 978-1-92586-612-4
Paperback, 104pp
259mm x 210mm
10in x 8½in
March 2021
A\$14.99



ALMOST VEGAN

ISBN 978-1-92586-613-1
Paperback, 104pp
259mm x 210mm
10in x 8½in
April 2021
A\$14.99



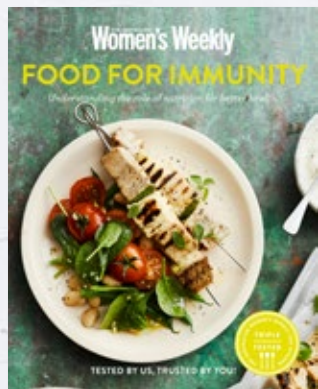
SLOW COOKER

ISBN 978-1-92586-615-5
Paperback, 104pp
259mm x 210mm
10in x 8½in
May 2021
A\$14.99



PIE MAKER

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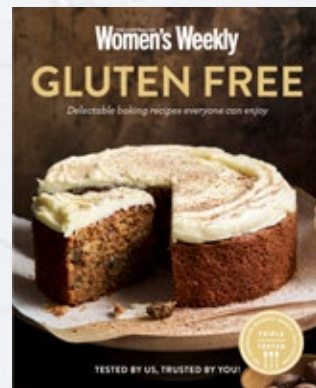
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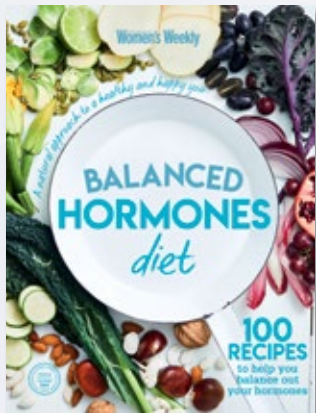
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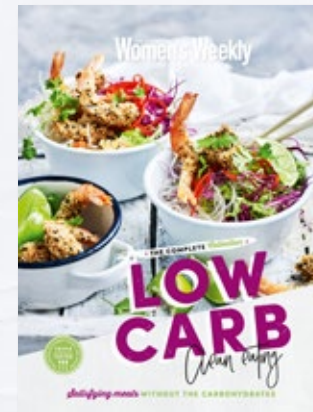
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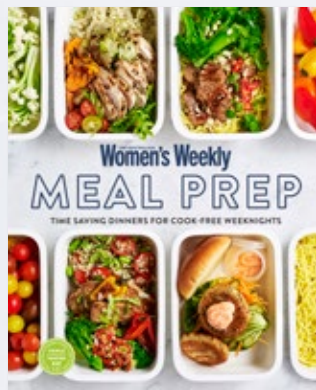
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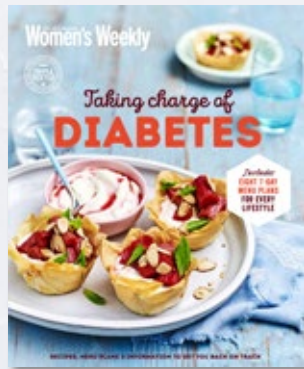
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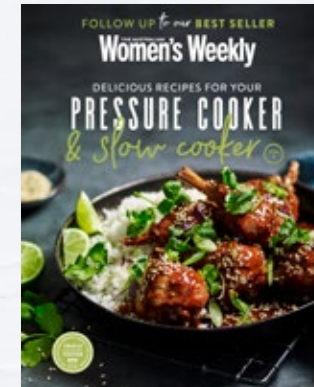
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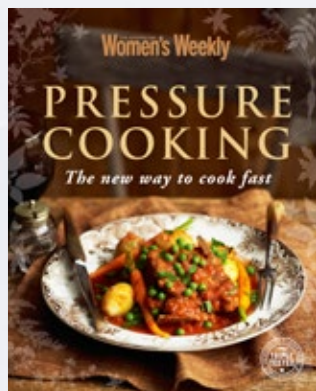
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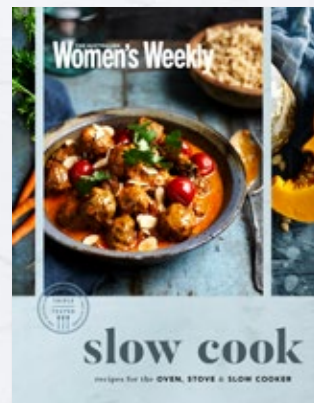
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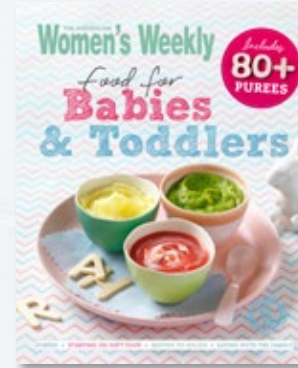
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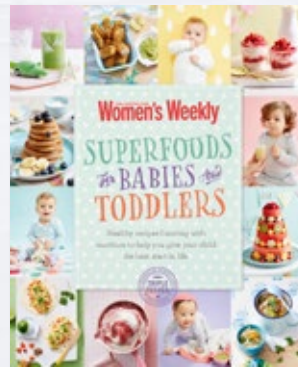
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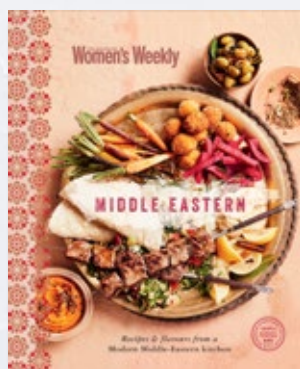
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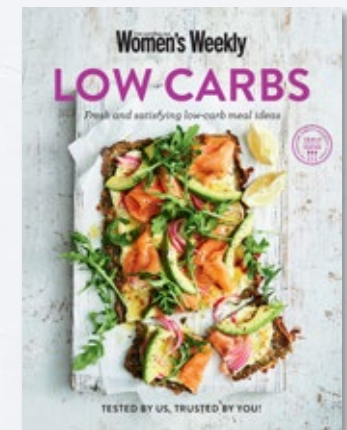
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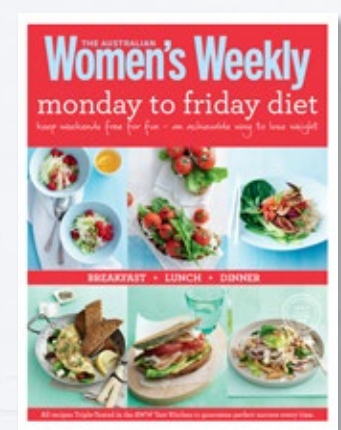
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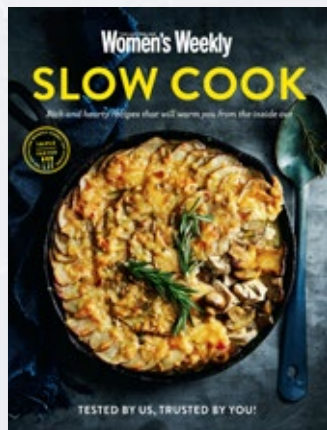
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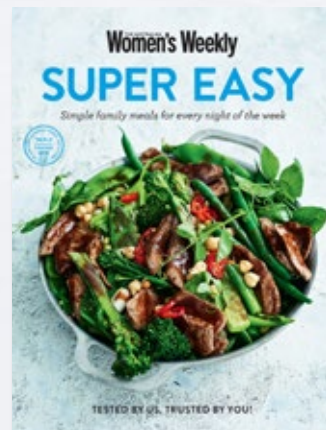
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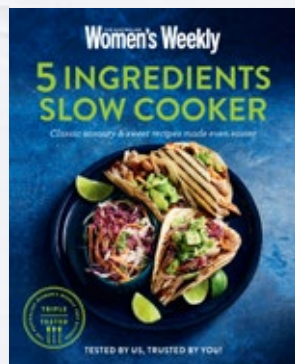


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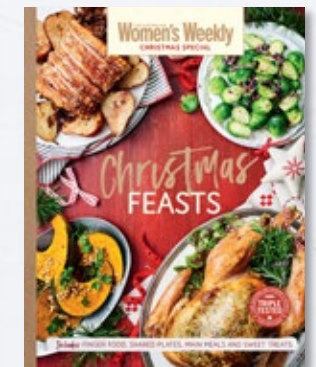
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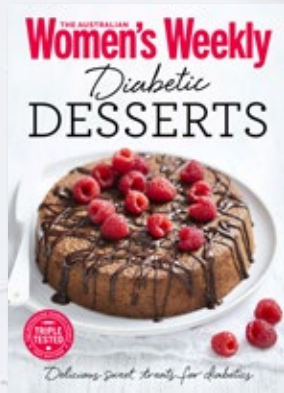
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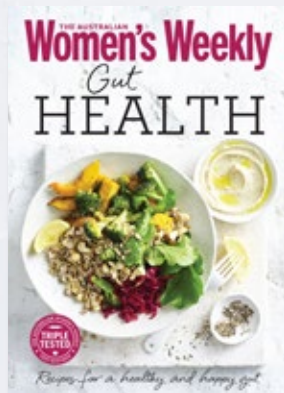
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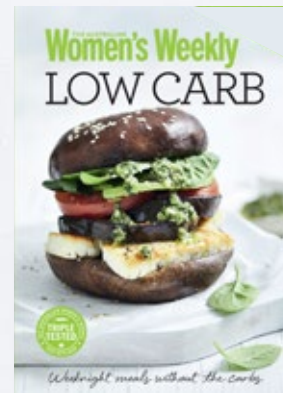
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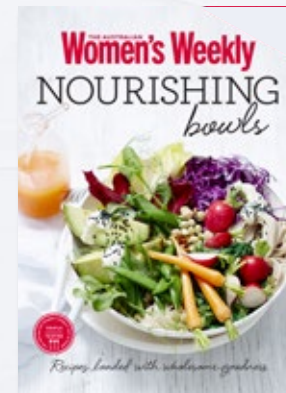
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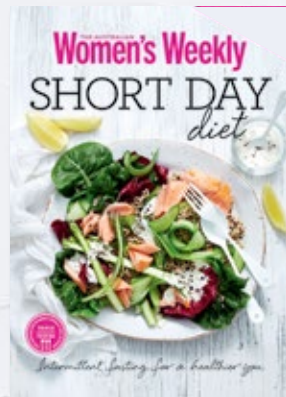
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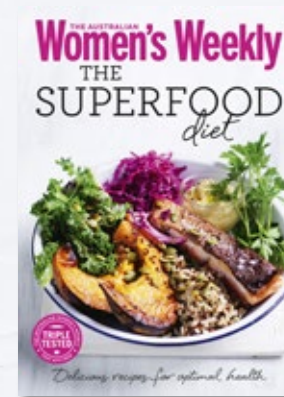
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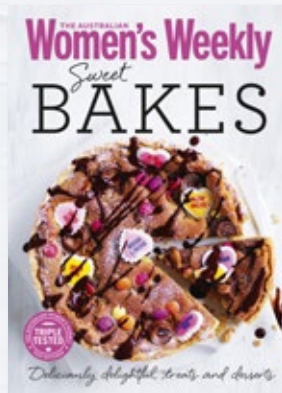
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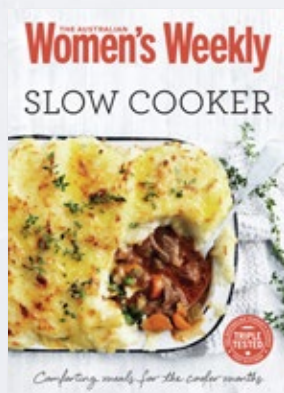
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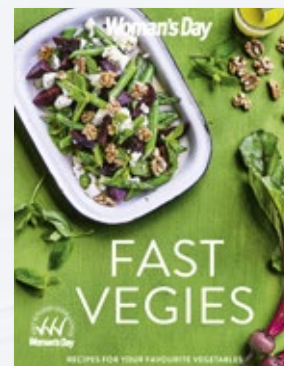
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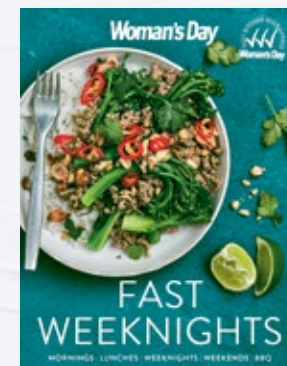
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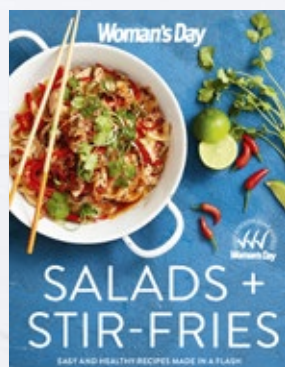
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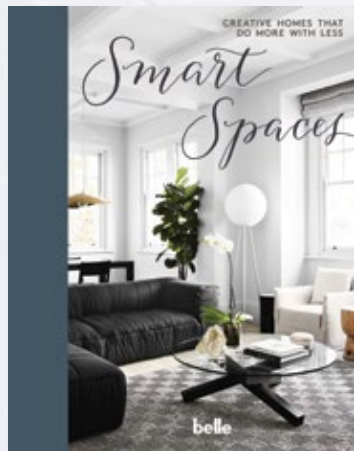
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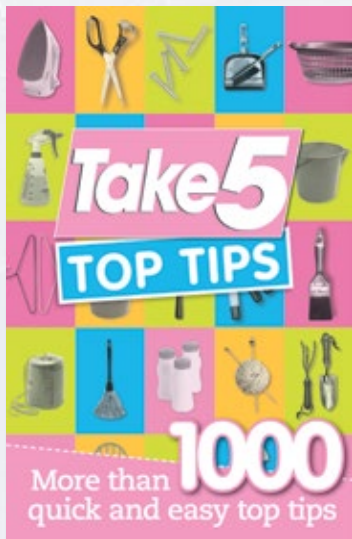
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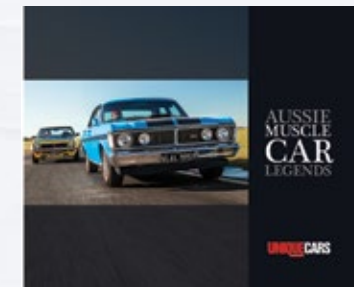
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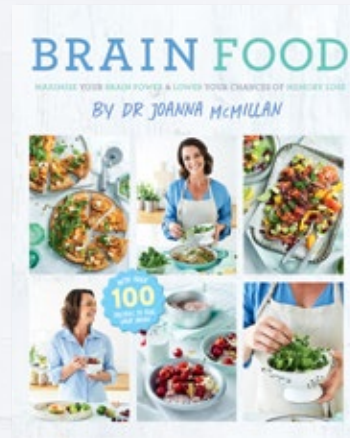
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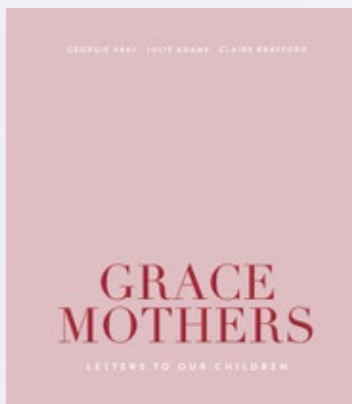
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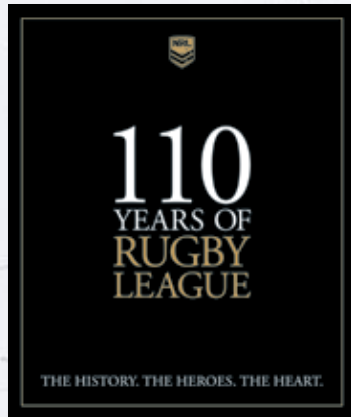
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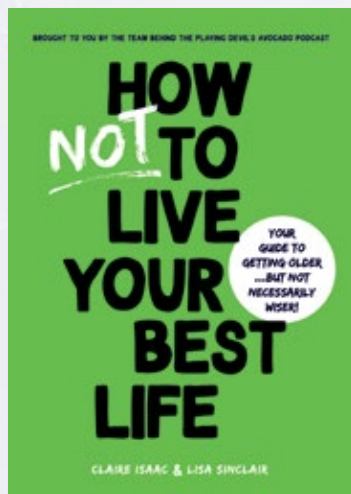
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